



# Up Above Adventures Fishing Trip Packing List

Everything you need for a great day on the Gulf  
— just print and check it off!

## What to Bring

- ☐ Spare set of dry clothes (for after the trip)
- ☐ Small towel (for drying off or cleaning up)
- ☐ Dry bag or waterproof backpack (to protect clothes, phones, and valuables)
- ☐ Drinks and snacks (small personal cooler recommended)
- ☐ Motion sickness prevention (Dramamine, wristbands, patches)
- ☐ Personal medications (inhalers, allergy meds, prescriptions)
- ☐ Hand sanitizer or wet wipes
- ☐ Waterproof phone case or small camera
- ☐ Cash for tipping your crew (15–20% of trip cost recommended)

## What to Wear

- ☐ Long-sleeve, moisture-wicking shirt (preferably UPF-rated)
- ☐ Lightweight fishing pants or shorts (quick-dry materials)
- ☐ Closed-toe, non-slip shoe (boat decks can get wet and slick)
- ☐ Windbreaker or lightweight jacket (especially for deep sea trips)
- ☐ Wide-brimmed hat or ball cap
- ☐ Polarized sunglasses (reduces glare, protects your eyes)
- ☐ Reef-safe sunscreen (SPF 30+, no spray)
- ☐ Lip balm with SPF

## Optional Comfort Items

- ☐ Flip-flops or sandals (for relaxing after fishing)
- ☐ Light blanket and pillow (for overnight or multiday trips)
- ☐ Extra dry bags (to separate clean and dirty clothes)
- ☐ Small personal first aid kit (optional)

## Pro Tips for a Smooth Trip

- ✓ Pack light but smart. Boat space is limited.
- ✓ Start motion sickness meds the night before your trip for best results.
- ✓ Bring extra sunscreen and reapply often, especially offshore.
- ✓ Label your cooler, dry bag & any personal gear. No glass bottles!
- ✓ Stay flexible — Gulf weather can change quickly!

## Questions About Your Trip?

We're here to help!  
Call us anytime: (409) 403-5481  
Visit us online: <https://upaboveadventures.com>